



March 2023

Woodrow Wilson

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Maschio's Daily Swap Outs:</p> <ul style="list-style-type: none"> Cereal Bag Bagel Bag with Cheese 	<ul style="list-style-type: none"> Student Lunch: \$3.50 Reduced Lunch: \$0.00 Adult Lunch: \$4.00 	<p>1</p> <ul style="list-style-type: none"> Sweet and Sour Popcorn Chicken Vegetable Lo Mein Vegetable Egg Roll 	<p>2</p> <p>READ ACROSS AMERICA DAY</p> <ul style="list-style-type: none"> Hot Open-Faced Turkey Sandwich Mashed Potatoes with Turkey Gravy Steamed Peas 	<p>3</p> <p>Pizza Day</p> <ul style="list-style-type: none"> Personal Pizza Fresh Veggie Dippers
<p>6</p> <ul style="list-style-type: none"> Hamburger on a Bun OR Cheeseburger on a Bun Tater Tots 	<p>7</p> <p>New Recipe</p> <p>DIG IN = SCHOOL BREAKFAST March 6-10 2023</p> <p>Brunch for Lunch</p> <ul style="list-style-type: none"> French Toast Bake Mixed Berry Compote Cheese Omelet Breakfast Sausage 	<p>8</p> <p>New Recipe</p> <p>Registered Dietitian Day</p> <ul style="list-style-type: none"> Mediterranean Rice Bowl 	<p>9</p> <p>National Meatball Day</p> <ul style="list-style-type: none"> Pasta with Meat Sauce Roasted Garlic Green Beans 	<p>10</p> <p>Pizza Day</p> <ul style="list-style-type: none"> NY Style Pizza Freshly Prepared Caesar Salad
<p>13</p> <p>MEATLESS Monday</p> <ul style="list-style-type: none"> Creamy Mac & Cheese Herb Breadstick Broccoli Dippers 	<p>14</p> <p>Taco Tuesday</p> <ul style="list-style-type: none"> Beef Tacos Fiesta Rice & Beans 	<p>15</p> <ul style="list-style-type: none"> Hot Dog Sliders Vegetarian Baked Beans 	<p>16</p> <p>Brunch for Lunch</p> <ul style="list-style-type: none"> French Toast Sticks Breakfast Sausage Breakfast Potatoes 	<p>17</p> <p>No School</p> <p>No School</p>
<p>20</p> <ul style="list-style-type: none"> Rodeo Burger on a Bun Emoji Fries 	<p>21</p> <ul style="list-style-type: none"> Sweet and Sour Popcorn Chicken Vegetable Lo Mein Vegetable Egg Roll 	<p>22</p> <p>Breakfast for Lunch</p> <ul style="list-style-type: none"> Buttermilk Pancakes Breakfast Sausages Hash Browns 	<p>23</p> <p>Triple Dipper Basket</p> <ul style="list-style-type: none"> Chicken Fries Soft Pretzel Stick Crinkle Cut French Fries 	<p>24</p> <ul style="list-style-type: none"> Twisted Cheesy Breadsticks with Marinara Sauce Fresh Veggie Dippers
<p>27</p> <ul style="list-style-type: none"> Mini Cheese Calzones with Marinara Sauce Three Bean Salad 	<p>28</p> <ul style="list-style-type: none"> Chicken Nuggets Pumpkin Pretzel Crinkle Cut French Fries 	<p>29</p> <ul style="list-style-type: none"> Beef Taco Scoop-A-Bowl Sauteed Peppers & Onions 	<p>30</p> <ul style="list-style-type: none"> Chicken and Cheese Quesadilla Sweet Plantain Cinnamon Churro 	<p>31</p> <p>Pizza Day</p> <ul style="list-style-type: none"> French Bread Pizza Local Freshly Prepared Garden Salad <p>NATIONAL FARM WORKERS DAY</p>

*Menu is Subject to Change

Lunch Served with Choice of: Fresh Fruit , Assorted Chilled Fruit , 100% Fruit Juice , Variety of Vegetables from our Harvest Market , 1% White Milk , Fat Free Chocolate Milk

Pre-K Lunch Served with Choice of: Assorted Chilled Fruit , Fresh Fruit , 1% White Milk , Fat Free White Milk

QUESTIONS OR COMMENTS?
Please call us at (972) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow
healthy kids!